



# 11th Annual MAN UP RETREAT

## March 20th-22nd 2026

Seminary of the Immaculate Conception,  
440 West Neck Road, Huntington, NY 11743

### Presenters:

Michael R. Hermosa Beach, CA  
Steve L. Redonda Beach, CA



Single room occupancy only

\$350 per person

Includes all meals

For more information call or email:  
[MANUPMENSRETREAT@GMAIL.COM](mailto:MANUPMENSRETREAT@GMAIL.COM)

Treasurer: Fabian R. 201-394-6214

Chair: Mike B. 201-481-3592

Secretary: Tom T. 718-869-0036

Program Chair: Steve F. 917-297-3007

Hospitality: Nick T. 973-513-3770

Registrar: Christian P. 757-667-8430

Please return the following information with your check or Zelle payment. Checks are preferred. When paying by Zelle, please send the information requested below to Fabian via text message.

Make checks payable to: Fabian Racero Or Zelle: Fabian Racero @ (201)-394-6214

Mail to: Fabian Racero 35B Salem Alley, West Milford NJ 07480

PLEASE PRINT

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Address: \_\_\_\_\_

Home Group Name: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Sponsorship Fund Contribution: \$ \_\_\_\_\_

Contributions help fund scholarships to  
ensure the new man can attend!

Shirt Size(Circle One) S M L XL

XXL XXXL