



11th Annual MAN UP RETREAT March 20th-22nd 2026

Seminary of the Immaculate Conception,
440 West Neck Road, Huntington, NY 11743

Presenters:

Michael R. Hermosa Beach, CA
Steve L. Redonda Beach, CA



Single room occupancy only

\$350 per person

Includes all meals

For more information call or email:
MANUPMENSRETREAT@GMAIL.COM

Treasurer: Fabian R. 201-394-6214

Chair: Mike B. 201-481-3592

Secretary: Tom T. 718-869-0036

Program Chair: Steve F. 917-297-3007

Hospitality: Nick T. 973-513-3770

Registrar: Christian P. 757-667-8430

Please return the following information with your check or Zelle payment. Checks are preferred.
When paying by Zelle, please send the information requested below to Fabian via text message.

Make checks payable to: **Fabian Racero** Or **Zelle: Fabian Racero @ (201)-394-6214**

Mail to: **Fabian Racero 35B Salem Alley, West Milford NJ 07480**

PLEASE PRINT

Name: _____

Phone Number: _____

Email Address: _____

Home Address: _____

Home Group Name: _____

Emergency Contact: _____

Sponsorship Fund Contribution: \$ _____

**Contributions help fund scholarships to
ensure the new man can attend!**

Shirt Size(Circle One) S M L XL XXL XXXL